

# Outlook



Parish Magazine

April/May 2024



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## Welcome from the Outlook Editor

Miranda Reading

Welcome to the Eastertide edition of Outlook!

Christ has risen! Alleluia! He is risen indeed! Alleluia!

A very happy and blessed Easter to all our readers. Holy Week was a solemn time as Lent drew to a close and we walked in the path of Christ crucified. But the Easter Vigil and Easter Day saw us all brimming over with joy as he rose from the dead and returned to us. He conquered death and made for us a new covenant. Now we look forward to Eastertide and the fifty days of joy that follow.

I have a plea to readers of Outlook - Jenny Bushell, the brains behind 'Ask St Martin' has stepped down from the role, so St Martin is looking for a new Agony Aunt or Uncle to help him with the many theological and faith-based questions that come his way. Could you help? The column is approximately 600 words and at 6 questions a year is not a huge time commitment. Get in touch if you can assist St Martin.

As we move into Eastertide, we have plenty to look forward to at St Martin's. Annunciation day is Monday 8<sup>th</sup> April. There will be a Springtime Afternoon Tea on Sunday 28<sup>th</sup> April in the Church Hall. Bishop Lusa will join us on Ascension Day, the 9<sup>th</sup> of May to confirm our candidates. Finally the ACPM will take place on Tuesday 21<sup>st</sup> May so do please come along to that.

I hope you will enjoy this edition of Outlook, which has its usual array of thought-provoking articles, as well as Parish news of events that have taken place. Is there something that you would like to see in the Parish magazine? Outlook is always looking for new writers and contributors! Do send us your thoughts, your prayers and your stories. All contributions and feedback by 16<sup>th</sup> May 2024 please to [MirandaAtStMartins@gmail.com](mailto:MirandaAtStMartins@gmail.com). Thank you.





# Fr Robert Writes..

Dear Friends,

The months of May and June are veritable feasts of, er, feast!

These months see dedications to our Lady, The Ascension, Pentecost, The Most Holy and Divided Trinity, Corpus Christi, the Birth of John the Baptist and of course, St Norbert on 6<sup>th</sup> June!

Thus, choosing the most significant seems to descend into theological lunacy. For, although the 1662 Book of Common Prayer includes the Day of Pentecost as one of the three days you must receive holy communion (the other two being Christmas and Easter Day), to suggest that it is more important than the Trinity is, simply, daft.

To make the life of poor clergy easier the Church has over the centuries tried to provide tools to sharpen our liturgical and devotional focus. For example, until the Second Vatican Council the Roman Catholic Church had an extremely elaborate league table of feast days. Did you know that Christmas Day was a Double of the 1st Class with a privileged Octave of the 3rd rank? Or that our patron saint, Martin of Tours, at the top of the *Champions' League* as a Double thanks to elevation as one of the first non-martyrs to be given a feast? Alas, poor old St Hippolytus is rather more *Vanarama National League South* with a mere simple.



This complexity of feast day ranking was enthusiastically adopted by liturgical train-spotters in the Anglican Church too, and you still can hear certain priests, of a certain vintage, and of a certain persuasion, talking of Double 1st Classes etc.

At the heart of all this ranking was a desire to draw the worshipper's attention to the rich variety of the Church Calendar and diversity of observance. It was hoped that this mixture of action and word would teach the faith in a fuller way. Of course, what it did was to make the worshipper more aware of those feasts that did not require quite the same level of assiduous attention. Sadly, then it meant that this elaborate structure gave the faithful, or less than faithful(!), a 'get-out clause'.



It would be nice if we could point a censorious devotional finger at others, but unfortunately a similar phenomenon happened in the Church of England with Cranmer's Prayer Book with daily Morning and Evening Prayer, and Holy Communion. The absence of the daily in front of Holy Communion

meant that it did not take long before the local vicar jettisoned the Holy Communion bit, even on a Sunday, and just observed Mattins and Evensong. This pattern in worshipping history reminds us why we need feasts. They tell us of the faithful, and call us to pray that we too may have the same passion in prayer and discipleship, and these months amplify that call. At the end of May we celebrate Pentecost (a Double First Class!) and pray like a former pope who drew a line, consigning those categories to the dustbin, for a 'New Pentecost'.

John Paul XXIII knew that it was the Holy Spirit of God that brings life to the Church and the world, and not prescriptive categorizations. The place of the Holy Spirit within the life of the Church is essential. It was essential for those saints of the past as it is for those of today, including our Confirmation candidates who will have the bishop invoke the Holy Spirit upon them. The wonder and joy of the Holy Spirit is that he continues to blow afresh in his church, and St Martin's is no different. Of course, it is easy to recall the significance of the Holy Spirit at the sacrament of Confirmation, but our life together reminds us of his place within the whole of our lives. In June we will be giving thanks for the work of the Holy Spirit and the gifts he bestows on each of you as we look at our stewardship and giving. I rejoice that I see the gifts of God's Holy Spirit at work in obvious and subtle ways and all are vital in our church as we seek to be saints within our parish.

Therefore, in these two months I will be giving thanks, yes for the Double First Classes in our lectionary, but also thanking God for the saints of St Martin's who ring bells, serve coffee, offer Thursday lunches, share skills on our PCC, mow lawns, sing God's praises stalls from the choir, wash my fingers at the altar and everything within and beyond. So,



'Come Holy Spirit [***continue to***] fill the hearts of your faithful people, and kindle in us the fire of your love!'

... this May and June and for evermore.

Your friend and priest,

Fr Robert



## ***Dates for the coming weeks and months....***

### **April 2024**

- |                        |  |
|------------------------|--|
| 8 <sup>th</sup> April  | Annunciation of the Lord<br>Sung Mass<br>7.30pm  |
| 20 <sup>th</sup> April | Tidy up of Garden of Remembrance<br>10am         |
| 20 <sup>th</sup> April | Divine Harmony Trio in the Church Hall<br>7.30pm |
| 28 <sup>th</sup> April | Springtime Afternoon Tea<br>3-5pm                |

### **May 2024**

- |                      |  |
|----------------------|--|
| 9 <sup>th</sup> May  | Ascension Day<br>Sung Mass, Confirmations &<br>First Holy Communions<br>7.30pm |
| 21 <sup>st</sup> May | ACPM<br>8pm  |
| 30 <sup>th</sup> May | Corpus Christi<br>Said Mass<br>9.30am<br>Sung Mass<br>7.30pm                   |

## Thursday Lunches!

Fancy some conversation and conviviality on a Thursday? Then Thursday Lunches are for you!



Come and join us in the Small Hall at the Church Hall from 11am – 1.30pm every Thursday for hot soup, delicious filled rolls, home-made cake, tea and coffee and biscuits.

Thursday Lunches has just been awarded a five star hygiene rating by Hillingdon Council!

We need more volunteers for the Thursday lunches, both helping in person and by baking cakes. If you would like to help out at Thursday lunches, either in person or by making a cake, contact Sweelin Cunliffe on 07931 134507.

For the silent prayers  
deep in our hearts  
that have no words  
but simply images  
held out to you  
of those we love  
and those we miss,  
the suffering, the sick,  
the lonely and the lost.  
Hear our prayers,  
the offering of our hearts,  
and bless the ones  
we lay before you now.



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# *Ask S. Martin*



Dear Parishioners,

I am looking for a new person to help me with my column! Each column is approximately 600 words and appears 6 times a year. I get all sorts of theological and faith related conundrums and I'd love someone to help me out! Get in touch via [MirandaAtStMartins@gmail.com](mailto:MirandaAtStMartins@gmail.com).

*Sanctus Martinus Turonensis*

Saint Martin of Tours

# Prayer for Eastertide

Risen Christ, when darkness overwhelms us  
may your dawn beckon.  
When fear paralyses us  
may your touch release us.  
When grief torments us  
may your peace enfold us.  
When memories haunt us  
may your presence heal us.  
When justice fails us  
may your anger ignite us.  
When apathy stagnates us  
may your challenge renew us.  
When courage leaves us  
may your spirit inspire us.  
When despair grips us  
may your hope restore us.  
And when death threatens us  
may your resurrection light lead us.  
Amen.

*Annabel Shilson-Thomas/CAFOD*





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## Help wanted....Help wanted....Help wanted...Help

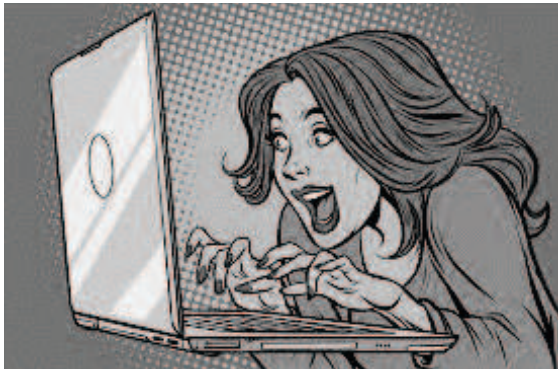
Outlook is looking for writers/contributors!

Have you got something to say? It can be a prayer you have said, a class you have been to, a reminiscence about your religious life, an account of a parish event, some fundraising you have done or anything you feel would fit in the Parish magazine.

Simply write your contribution in 200-500 words and send it to [MirandaAtStMartins@gmail.com](mailto:MirandaAtStMartins@gmail.com). Don't have access to a computer? Drop your contribution in to the Parish Office. Proposals for longer articles – anything up to 3,000 words – can be sent to the same email address.

Please send your contributions as Word Documents or JPEGs.  
PDFs are extremely difficult to work with!

We want to hear from you!



# From Calderdale to Metroland

## By Valery Cowley

In the 1970s I attended at Manor Farm Library a three-year course in Local History by the late Eileen Bowlit when she showed slides of familiar back-to-back houses in Sowerby Bridge, West Yorkshire. I was prompted to ask why and discovered that we both grew up in that area about the same time. We never met, as, at eight months old, my mother moved from our basic cottage up to a modern terrace house, with bathroom, over the border in Halifax. Eileen attended St Patrick's R.C. church, Bolton Brow, whose daily angelus bell we could hear in Pye Nest. Our Anglican parish was Mirfield-inspired St Paul's, King Cross, not far from my ex-Congregationalist orphanage now grammar school. Eileen attended Sowerby Bridge Grammar School and then taught at St Patrick's primary school.



Our new home was on the redeveloped Edwards estate (mentioned in TV's 'Gentlemen Jack') whose grand house, by Carr of York, was demolished, leaving sloping parkland where my father had an allotment among the surviving rhododendrons. We had a view over the Calder Valley across a field where hay was made using horse and cart and there was a spinney, trees for making swings, and a mysterious ditch. The dyeworks mill-pond was out of bounds, with Wainhouse Tower, the highest ornamental folly in Europe, looming over all. I passed this on my walks to and from school, a Jacobethan-French chateau-on-a-plateau where lacrosse was played in windy winters. I had been born on the edge of that Savile Park, in the impressive new maternity wing of the local Royal Halifax Infirmary and was curious to know 'which tree' the stork brought me from to interrupt my mother's A.T.S. career. Eileen and I went our separate ways in further education, both becoming teachers, before meeting in Ruislip. She became President of the Ruislip, Northwood and Eastcote Local History Society, of which I am still a member.

At Eileen's Moor Park funeral reception I met members of her Hayes family from Halifax and we reminisced about our roots. Eileen is much missed for her local history research and the writing of many articles and books, notably her indispensable 'The Goodliest Place in Middlesex'. She wished her ashes to be buried in Ruislip Churchyard, where my parents also lie.



# The Hardey Column

By Tim Rollin

## The Andes

The Andes are an inescapable feature of life in Chile. Chileans have always seen them as a reassuring presence, preventing invasion from possible aggressors such as neighbours Bolivia or Argentina. The Chilean national Anthem reflects that sense of security.

The national anthem was something that we learnt very early in primary school. It had to be sung as loudly and proudly as you could. Watching the Chilean national football team on TV, taking part in the recent World Cup tournament where the players had to sing without the accompaniment of sweet choirs as some of the other teams were, was to see the whole-hearted commitment of a group who knew that they probably wouldn't get very far in the competition but were going to make as much noise as they could while there. Their red faces and straining vocal cords, were not a pretty sight.

Significant in that national anthem, in my opinion, are the lines:

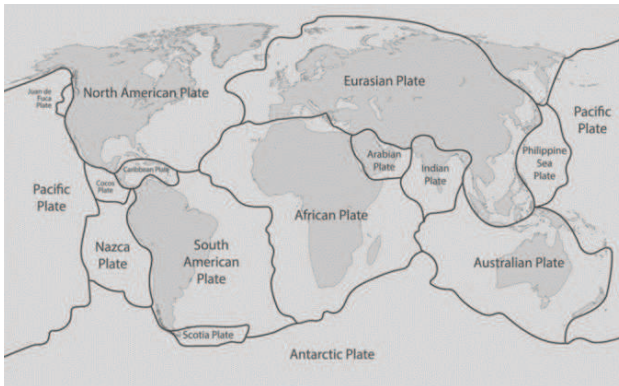
'Majestic is the snow-capped mountain Given us as a bulwark by the Lord.'

No-one could cross the Andes unbidden, not even Hannibal and his elephants. Chile is such a narrow country that in the days before traffic fumes and industrial smog, you could see the Andes with their snow-capped peaks on the eastern horizon, from Valparaiso on the western coast, more than 100 miles away. They are always there.



Valparaiso Bay, Aconcagua Mountain 100miles distant - Photo by E Robertson about 1935

Charles Darwin visited Chile on his famous journey on the Beagle, and was puzzled by discovering fossilised sea shells in the high mountains. Finding them meant that until relatively recently (in geological time) the mountains could not have existed and must actually have been under sea level. How could that be? It was only when the principles of tectonic plates on the earth's surface began to be understood that a solution became apparent:



The earth's surface, the theory states, was once a single large continent now known as Pangeia. A continent sits on various layers of rock and molten lava, which over aeons of time are subject to major stresses, so much so that the single continent of Pangeia split into different parts which subsequently became the continents we

see today, the Americas, Europe-Asia, Africa, Australia and Antarctica. The continents are mostly all on single tectonic plates. Oceans and seas all have their tectonic plates, each moving independently on their molten lava base away from, or towards other plates. It is when one plate meets another that trouble arises. The forces involved are enormous and something must give. In the case of the Andes, the forces exerted by the South American Plate on the Nazca Plate cause the Nazca Plate to be forced under (subducted under) the South American Plate. The resultant force causes the mountains to be raised over time to their present massive height, effectively squeezing them upwards. It also thickens the crust of the earth by forcing material downwards. The mountains are still in fact being forced higher. If you look at the outlines of the Americas and the Eurasian and African plates on the map, you can almost imagine them fitting together like a giant jigsaw puzzle. The Americas are drifting west and Eurasia and Africa are drifting east. The Atlantic Ocean seems to be the source of the energy and material, a huge undersea upwelling of magma forcing the continents apart. There have been TV programmes that show a fault line at the very bottom of the Atlantic through which material appears to be spewing.

Chile has many volcanoes dotted along the Andes. Some are extinct, some are dormant and many others are active. The largest Chilean volcano (dormant for millennia) is the Ojos del Salado volcano which is 21,112ft above sea level. It is in the mountains on the border with Argentina in the far north, and east of Arica. While the Salado volcano doesn't look that tall in the photo, the altiplano (plateau) from which the photo was taken



is already some 12,000ft above sea level. The air here is relatively thin causing some people difficulty in breathing if they have not become acclimatised.

The altiplano was formed of molten lava from erupting volcanoes in pre-historic times that have solidified into perfectly level plains. There are also geysers and thermal vents or fumaroles as well as warm springs in which visitors may bathe. Ojos del Salado

Outside the weather may be freezing, but in the water, it is a pleasant 25°C. The fumaroles are most active between 7 and 8 am, and dwindle to nothing afterwards, which means a 4 am start from your base in San Pedro de Atacama to climb aboard your small bus to climb some 10,000ft to get to see the sight. I hadn't been ready for the pool where everyone was swimming, and when I realised how pleasant the water was, I had to go in, so I changed hurriedly behind a small towel



Tim swimming in a thermal spring with fumaroles behind

In a small town called Codpa, near Arica, in the north, there is a church called Iglesia de San Martín de Tours. It was an important missionary centre in the region during the colonial era and dates from 1668. Inside there is a statue of St Martin on his donkey.

As you travel further south, the Andes become less tall, and south of Puerto Montt they become more of a drowned series of fjords and inlets to the sea, not unlike the Norwegian fjords. South of a line between Santiago and Valparaiso the territory becomes more prone to earthquake. Above that line, earthquakes still occur, but they tend to be less severe.

Major earthquakes indicate that the Andes are still rising. In a visit to Chile in 2008 I was shown a river bank near Valdivia in the south which had risen by over a metre compared to the other bank as a result of a massive earthquake in 1960. This earthquake measured 9.5 on the Richter scale, the greatest ever recorded anywhere in the world since the scale was introduced in 1935.

The Valdivia earthquake as it is known lasted 11 minutes and sent tsunamis racing across the Pacific causing damage in Hawaii 18 hours later and reaching Japan after 24 hours. It also caused severe damage in Chile itself. It was the result of a huge fracture in the Nazca subduction plate.

One of the few beneficial effects of the quake was to make people more aware of the need for improved building techniques and the need for tsunami warnings: 'head for the hills!' and tsunami warning sirens.

Earthquakes often occur fairly regularly in the same place and people talk of one being overdue. The intervals may be years or centuries. I used to find it difficult to understand why a relatively localised earthquake should cause such massive tsunamis, but it is all to do with those tectonic plates. Their collisions can cause parts of the sea bed to be lifted up, and the tsunami or tidal wave is simply the result of the water finding its level again by rushing down the new slope created. Think of a bowl having a brick placed in it causing water to overflow the edge.



Paso Cristo Redentor

The main major pass crossing the Andes between Chile and Argentina starts from Los Andes, a few miles north of Santiago and ends in Mendoza in Argentina. It is popular because the road leads to ski resorts high in the mountains. The summit itself is at a height of over 10,000ft, though it is still overlooked by mountains. It is often cut off by weather and snow. Only the determined tend to try the crossing. Flying is a much better option. There is a massive statue of Christ the Redeemer on the very border between Chile and Argentina



Torres del Paine

Perhaps one of the most outstanding sights of the Andes is in the far south, where the Torres del Paine can be found.

The Torres are in the Patagonian region of Chile. As can be seen in the photo, this is glacier country and they lie in a designated national park near Puerto Natales, north of Punta Arenas. Visits are only for the intrepid, of which I am not one. The photo shows the Torres and the Ventisquero Francés (the French Glacier).

The towers are not (comparatively for Chile) that tall at just under 12,000ft.

Chile is an extraordinary and magnificent country, and I love it.

The people are always generous and kind, but my father used to remind us, never turn your back on a Chilean, or he'll have run off with most of your belongings.

This trait is exemplified by the Chilean self-image of the 'Roto Chileno', (the Chilean Beggar). In a magazine popular when I lived there called 'Condorito', the little condor is depicted as the Chilean everyman. The condor is a bird native to the Andes.

Credits:

1. Guía turística de Chile, Norte, Central, Sur
2. Condorito por Pepo, PINSEL1973



Condorito





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**Meanwhile in America.....**



**Contributed by Jack Sheen**

# Pathways in Spirituality

## By David Hudson

### Spirituality

There have been many attempts to follow the ways of Jesus and the early Christian communities to find the right combination of praying and living, which is Spirituality.

### Franciscan Spirituality

Franciscan Spirituality is one of living in the world by following in the footsteps of Jesus and experiencing God's giving, revealing, leading, guiding, motivating and inspiring, as exemplified in the lives of St. Francis, St. Clare and St. Bonaventure. From the life and spiritual experiences of Francis, we turn to look at:

### The life of St. Clare of Assisi.

As with Francis, so it was with Clare who was born into a wealthy Assisi family in 1194. One world was ending and another beginning in turbulent 13th Century Italy. There were power struggles between Papacy and the Holy Roman Empire; Landed estates and Merchant families; the feudal system and new city dwellers. The church was also in the midst of radical reforms. Social, political and economic changes were quickly affecting daily life. Amid all these undercurrents, the young Francis was attracting more and more followers to his new gospel way of life. His followers included a young woman, Clare di Favorone. Her name expressed her unique qualities - luminous, bright, transparent, later named La Pianticella - 'little plant of Francis'. But there was no stereotype here: Clare emerges as one who accepted the charisma of Francis, but expressed it in her own unique way.



Well before Clare met Francis, she was noted for the depth of her spirituality at an early age; not only displaying good and kind intentions, but also living a humble lifestyle. Hearing Francis preach when she was 15 had a profound effect on Clare, as did her meeting with Francis when 17 whilst listening to Francis preach at San Rufino. Francis had heard of Clare's many acts of charity; they met frequently to talk. It was probably the relationship with Francis that stirred an inner transformation in Clare. On Palm Sunday 1212 Clare left her father's house and went to the chapel at Portiuncula, where she embraced Franciscan life. Francis and the brothers cut her hair, clothed her in rough tunic and thick veil.

To protect her reputation, Francis took Clare to the Benedictine monastery at San Paolo. where Clare's father made several attempts to bring her home, but Clare resisted.



Clare left San Paolo and spent some time with a group of women in Panzo to practice a new penitential life that was emerging at that time. It was here that Clare was joined by her sister Agnes.

Francis finally settled them in a poor dwelling adjoining the chapel of San Damiano, where Clare's fame quickly spread and attracted many to join the sisterhood. This was the beginning of the

“Poor Clare's” as they were subsequently known.

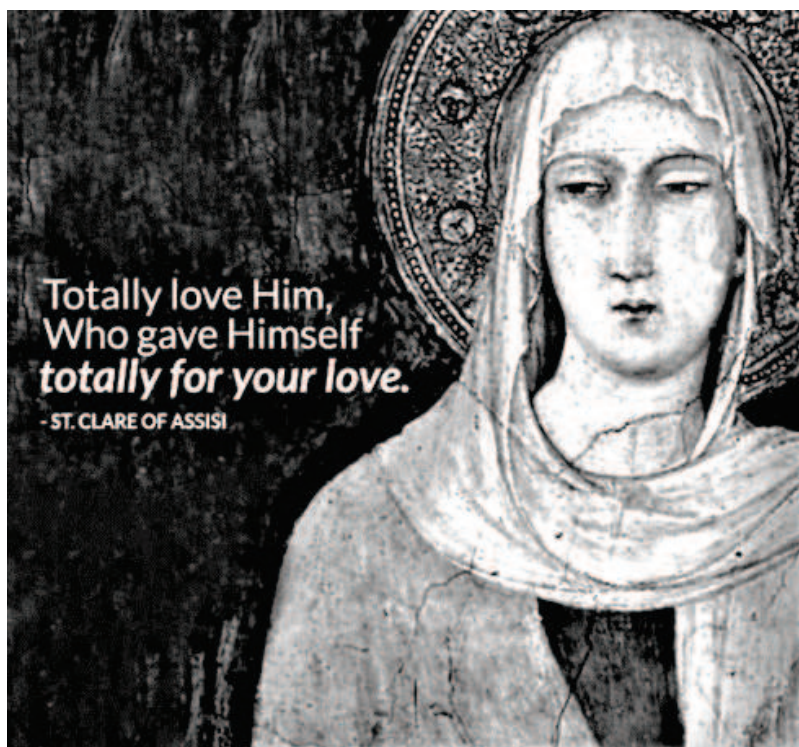
There were many stories about the spiritual relationship between Francis and Clare; rumors abounded about their relationship. Margaret Carney sums up the nature of their relationship:

- first it was a relationship of equals;
- then living a Gospel life, which was a work of shared suffering, hardship, teaching, prayer and discernment;
- followed by a gradual physical separation due to the disciplines of enclosure;
- the vocation and rights of the sisters were equal to the brothers;
- there was a sharing of their common experience of prophetic awareness; and the presence of Christ, as grace, in their relationship.

Francis wrote: “I resolve and promise for myself and for my brothers always to have the same loving care and special solicitude for you as for them”

Clare served as Abbess continuously for 40 years until her death in 1253. She became a living witness who helped shape the consciousness of the Franciscan family and the gospel life as understood by Francis.

During her life, Clare had spiritual experiences; wrote letters of spiritual direction and is known for her particular approach to prayer. We will look at that in the next edition of Outlook!



Totally love Him,  
Who gave Himself  
*totally for your love.*

- ST. CLARE OF ASSISI

# Bookworm

## Bookworm Looks Back to 1938

### By Valery Cowley

I returned to exploring old copies of the parish magazine with October, 1938, in A4 size in a brown cover with advertisements outlined in black.

HC Grimstead and Sainsbury's were in the High Street; Lavender and Ive are familiar local surnames. G Crookall, whose butcher's shop features on postcards, solicits recommendations and boasts the patronage of the late Dowager Queen of Sweden. Kelvin House and Hawtreay House invite applications for their schools. A branch of Lytton's outfitters preceded Sanders and The Old Priory (!) 'by the Church' advertised 'Artistic Gifts for People of Taste'.



The vicar was GD Barnsley, newly assisted by AJ Watkins, who lived at 39 Manor Way. Penance and Churching were among 'occasional offices'. Organisations included a Communicants' Guild', Fraternity of the Resurrection, Borneo Missionary Association, Women's Gathering, Thrift Club, Girls' Friendly Society, Girls' Leisure Club, and Youth Fellowship founded by previous curate, Kenneth Jocelyn.

A two and a half page unattributed article, 'I believe that He shall come again' reflected the times of 'Wars and Rumours of Wars. Signs of the End?'

This was followed by 'Saint Martin's Cloak', beginning with 'The International Situation' and continuing with Harvest Thanksgiving, Light on Borneo, with a visit to the 'Vicariate, in process of transformation'. The Dean and Chapter of St Paul's Cathedral had agreed that each parish should be prayed for twice a year at evensong and in return each parish should pray for the Mother Church.

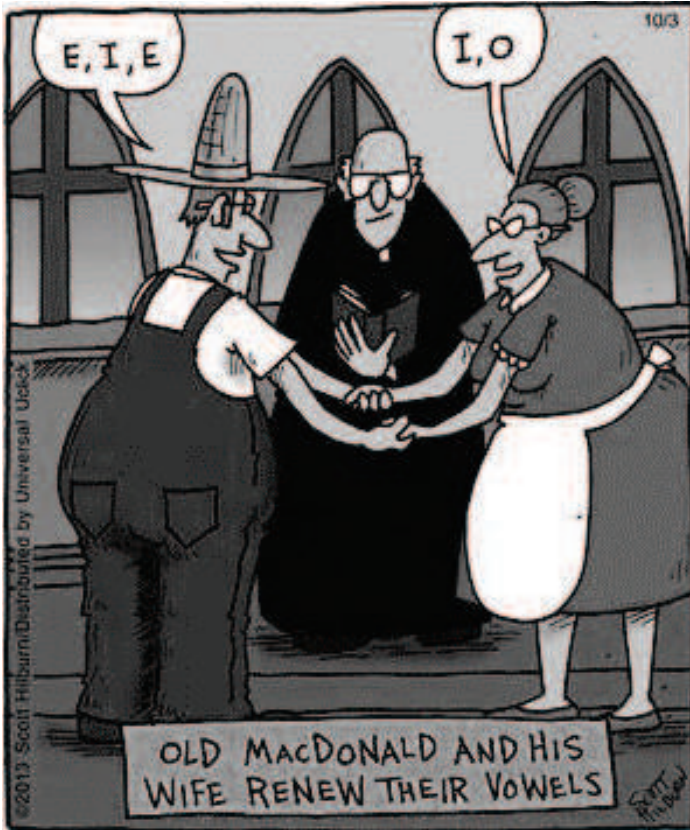
The churchwardens explained the need for a Gift Day for church schools and the old almshouses, accommodating Verger and Sexton.

St Martin's Jest Book included a Vicar preaching for one and a quarter hours on all the Prophets. "Now we come to Habakkuk' he said, "where shall we put him in?" "He can have my seat" said a wearied listener, "I'm going home."



St Martin's Ladies' Working Party continued raising funds for the churchyard's upkeep. The new churchyard was mapped by Mr Dixon Smith. Yew trees and a cypress hedge were planned.

A Parish Party for the church's Dedication Festival was announced and the magazine concluded with extracts from the parish registers.



Contributed by Stuart Walker

## Father Robert's Anniversary By Miranda Reading

In January, Father Robert celebrated his first anniversary at St Martin's. We celebrated with a cake and prosecco after 9.15am mass. We are so happy that Father Robert came to us and he has already made his presence known in Ruislip. We look forward to a good many more years!



## Quiz Night at St Martin's By Miranda Reading

On the 29<sup>th</sup> January we held a Quiz Night with a fish and chip supper at St Martin's. Over 60 people attended. The quiz, set by Jacqueline Alderton had a good few people scratching their heads. Glen Burchall was an able host (with some cringe-worthy puns) and he was ably assisted by Mandy Al-Salami. The event raised £600 for St Martin's restoration fund. Well done to Social Committee for such a well-organised and fun event.



## An Intern for St Martin's By Miranda Reading

In September, St Martin's will welcome Rowland Linder as a Parish Intern for a year. Rowland writes:



I'm so looking forward to meeting you all in September, and to spending the next year at St Martin's as an intern! Currently, I'm a student at the University of Chicago, studying Religious Studies with a minor in Biology, although originally, I'm from Austin, Texas. I didn't grow up in a religious household - both of my parents think of themselves as spiritual but not religious - and going into university, I was planning to go to medical school. However, in the summer after my first year at university, I stumbled into a book on Jewish theology; this was where I first realized God could be something other than an old man in the sky.

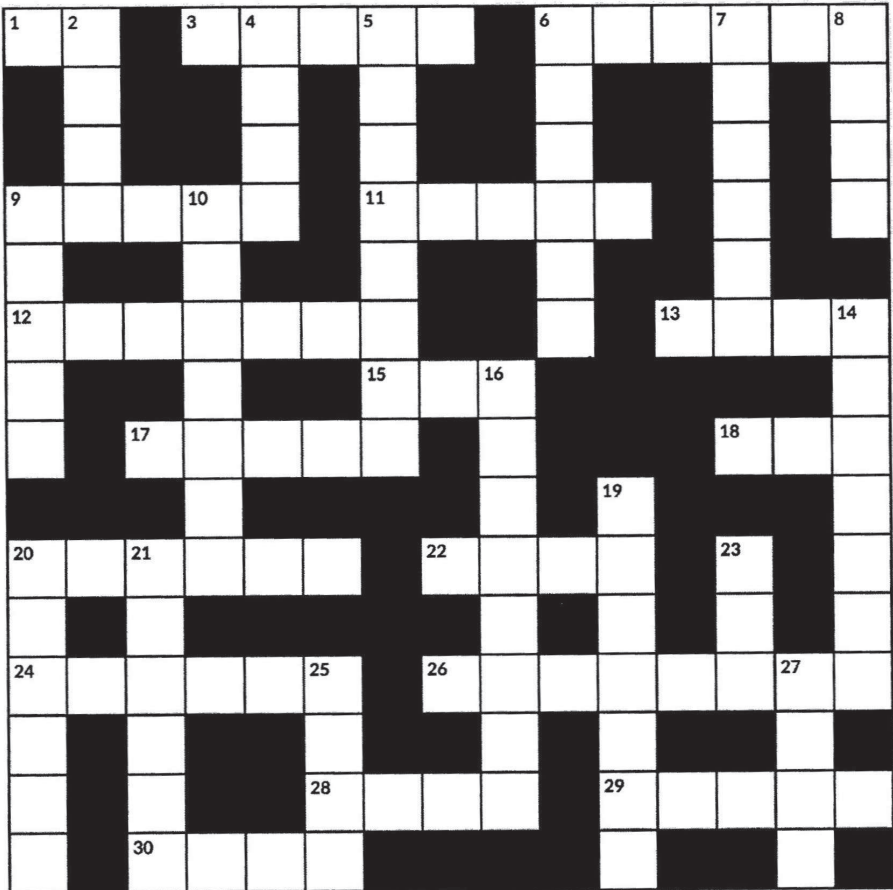
From there, I began to explore religion, and spent a year reading books on theology and religion in my free time. It was in these books that I felt called to faith, although I hadn't yet found a religious community that resonated with me, until I spotted a female priest doing outreach for the Episcopal church on campus. I attended the next Sunday service, and I've been every Sunday since! I fell in love with the Episcopal church and the Anglican communion, with its history, traditions, and liturgy. I was baptized 6 months later at the Easter vigil, a service which both of my parents flew to Chicago to attend! As I was exploring faith in my own life, I switched my major from Biology to Religious Studies, as I began to discern that I might be called to help people spiritually rather than through medicine.

Right now, I'm finishing up my thesis - I'm writing on the language and relational metaphors contemporary monks and nuns use to describe their relationships with God - and preparing to graduate in June. Due to my own experiences, I'm passionate about the role of young people in the Church, especially as I see other college students becoming interested in religion. I also love to talk about theology and religious ritual (I've found myself in my fair share of internet rabbit holes, reading about things like Lenten practices in the medieval church). In my free time, I love to cook and to bake (I'm hoping to resume baking sourdough next year), and I also enjoy swing dancing.

I look forward to meeting you all soon!

# St Martin's Crossword

## By Jude



## Across

1. City of Moab whose destruction is prophesied by Isaiah. *Isaiah 15:1* (2)
3. Faithful man of God, taken away by God after 365 years. *Gen 5:23-24* (5)
6. \_ Thursday commemorates the Washing of the Feet. (6)
9. Liturgical colour of Eastertide. (5)
11. See 29 Across. (5)
12. Christian fish-like symbol. (7)
13. Instrument traditionally played by Angels. (4)
15. See 29 Across. (3)
17. Holy Book of books. (5)
18. Animal on which Jesus rides into Jerusalem. (3)
20. Campanologist who shouldn't be part of the team, perhaps? (6)
22. A brief theatrical sketch. (4)
24. "Ye cannot serve God and \_." *Matt. 6:24 KJV* (5)
26. Act such as that of Judas. (8)
28. Short title of the fifth book of the New Testament. (4)
29. *With 15 and 11 across.* "I am \_ \_ \_ , the beginning and the ending, saith the Lord" *Rev. 1:8* (5,3,5)
30. Harder for such a man to enter the Kingdom of God than for a camel to pass through the eye of a needle. (4)

## Down

2. Moabite woman who follows her widowed mother-in-law Naomi to Israel. (4)
4. Afternoon prayer. (4)
5. Phrygian city whose Church was the recipient of a letter from Paul. (8)
6. "And she brought forth her firstborn son... and laid him in a \_ ...." *Luke 2:7* (6)
7. Ancient Greek city, site of two of the first seven ecumenical councils. (6)
8. "Come unto me, all ye that labour and are heavy laden, and I will give you rest... For my \_ is easy, and my burden is light. *Matt 11:28-30* (4)
9. Terry \_ , emissary of the Archbishop of Canterbury who was held hostage for 1,736 days in 1987-1991. (5)
10. The practice of donating one tenth of income. (7)
14. Relating to Easter, derived from the Greek word for Passover. (7)
16. "And the earth was without form and void, and \_ was upon the face of the deep." *Gen 1:2 KJV* (8)
19. "For God so loved the world that he gave his only Son, that whoever believes in him should not perish but have \_ life." *John 3:16 RSV* (7)
20. Arthur Michael \_ was the 100<sup>th</sup> Archbishop of Canterbury, from 1961 to 1974. (6)
21. One of many between Leviticus and Deuteronomy! (6)
23. "\_ to the World", "When I survey the Wondrous Cross" and "Our God, Our Help in Ages Past" were all composed by Isaac Watts, 1664-1748. (3)
25. Old Testament boatbuilder. (4)
27. "Even in laughter the heart may \_" *Proverbs 14:13 ESV* (4)



## Solution to Last Edition's Crossword

1	W	2	E		3	H	4	A	R	5	P	S		6	D	E	M	7	O	N	8	S		
		S					C				R				I				V			E		
		A					T				O				O				E			T		
9	J	U	D	10	A	S				11	D	A	N	C	E				R			H		
	A				R						I				E				C					
12	F	A	S	T	I	N	G								S			13	C	O	A	14	T	
	F				I					15	A	X	16	L	E	S			M			U		
	A		17	E	C	K				L				E					18	E	V	E		
					L									N			19	E				S		
20	C	A	21	M	E	L							22	A	G	E	S			23	O		D	
	A			A										T			P			D		A		
24	S	H	R	O	V	E				25				26	T	H	E	O	L	O	27	G	Y	
	P									A					E				U			A		
	A									28	C	A	I	N					29	S	I	X	T	H
	R		30	N	O	A	H												E			H		





**Kids Zone....Kids Zone....Kids Zone.....Kids Zone.....Kids Zone.....Kids Zone....**

Hello! Welcome to the zone for the Kids of St Martin's! This is intended to be *your* space with things that interest *you* as well as things relating to you and your doings. This space will encompass BWI news and Young Church.

We'd also like to welcome contributions to the Kids Zone from our younger readers. It can be something you've done at school, a favourite pet, something that you've done at school or simply your feelings about God and the Christian world. Send your contributions of 50-300 words to [MirandaAtStMartins@gmail.com](mailto:MirandaAtStMartins@gmail.com) by the 16<sup>th</sup> of May 2024.

**Kids Zone....Kids Zone....Kids Zone.....Kids Zone.....Kids Zone.....Kids Zone....**

A grandfather was walking through his yard when he heard his granddaughter repeating the alphabet in the tone of voice that sounded like a prayer. He asked her what she was doing.

The little girl explained:  
"I'm praying, but I can't think of exactly the right words, so I'm just saying all the letters, and God will put them together for me because he knows what I'm thinking."

Say yes to happy

# What's on at Bishop Winnington-Ingram Primary School



## Our vision: 'My Cup Overflows' Psalm 23:5

A community that gives each child an outstanding spiritual, academic and practical education and instils an awareness of the overflowing joy, love and peace that comes from God's love for us, so that they are able to achieve their potential and truly experience 'life in all its fullness' (John 10:10).

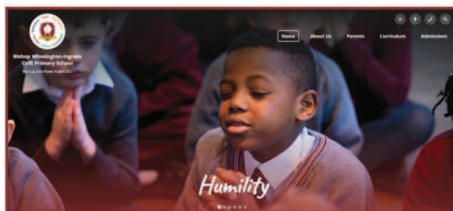
## Welcome to your regular update from BWI Primary School!

As we embrace the spirit of Easter, we extend heartfelt wishes to you and your loved ones. May this season of renewal bring you peace, hope, and an abundance of happiness.

We have had a wonderful term. Our children have had so many different experiences including our Year 6 netball team coming second place in a very close tournament of schools; a fantastic Musical Evening with performances from our choir, children playing instruments and singing duets highlighting the many talented musicians that we have; and taking time to learn about the Stations of the Cross, reminding us that Jesus is at the heart of this holy time.

We are excited to share that we have launched our new website! It's filled with valuable information and updates. Please take a moment to visit it.

[www.bwicofe.co.uk](http://www.bwicofe.co.uk)



We are also launching Instagram. Please follow us for a glimpse into the vibrant life of our school and celebrate some special days alongside the children in school.



# [www.bwicofe.co.uk](http://www.bwicofe.co.uk)

## Word Search



All the words listed below are in the puzzle - left, right, up, down or diagonally. After you have found all the words, arrange the leftover letters in the correct order to form the mystery answer.

Death, Eggs, God, Jesus, John, Judas, Luke, Mark, Matthew, Palms, Prayer, Sabbath, Sunday

Credit: <https://www.christianbiblereference.org>

Contributed by Minkey Jay.

## Joker's Corner!

Who was the shortest man in the Bible?

**Nehemiah (knee-high-miah).**

What time of day was Adam created?

**A little before Eve.**

When was medicine first mentioned in the Bible?

**When God gave Moses two tablets.**



[www.relevantchildrensministry.com](http://www.relevantchildrensministry.com)

**St Martin's Church**  
**Parish Directory**

<b>VICAR</b>	Rev Dr Robert Chapman	13 Eastcote Road, Ruislip HA4 8BE. Tel: 01895 633040 Frrobertbchapman@gmail.com
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<b>ASSOCIATE</b>	Fr Michael Bedford	Tel: 020 8866 4332 <a href="mailto:Mabedford7cr@waitrose.com">Mabedford7cr@waitrose.com</a>
<b>All clergy can also be contacted through the Parish Office</b>		
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	Alison Rollin	149 Bury Street, Ruislip, HA4 7TQ Tel: 01895 675493
<b>LICENSED LAY MINISTER</b>	Vacancy	
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Christian Aid	Jack Sheen	Tel: 01895 634755
Church Grounds Upkeep	Malcolm Roberts	
Church Hall Bookings	Gill Dargue	Tel: 01895 625 456
Church Welcome	Mary Coulthurst	c/o Parish Office
Cursillo Representative	Chris Hoppett	Tel: 01895 672463
Director of Music	Viktorija Goncharova	
Flower Arranging	Jan White	Tel: 07747 463646
Friends of St Martins	Jacqueline Alderton	Tel: 01895 676194
Guides (2 <sup>nd</sup> Ruislip)	Lin Gregory	Tel: 01895 905 511



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Sidespeople	Sarah Jacob & Alan Seymour	<a href="mailto:Sjacob325@gmail.com">Sjacob325@gmail.com</a> Tel: 020 8868 5557
Thursday Lunches	Sweelin Cunliffe	Tel: 07931 134507
Toddler Group	Vacancy	
Tower Captain	Judith Roberts	Tel: 01895 638143
Young Church 9.15am	Vicky Golby	Tel: 07770 782922

Please submit all items for the June/July issue to [MirandaAtStMartins@gmail.com](mailto:MirandaAtStMartins@gmail.com) by 16<sup>th</sup> May 2024.

Don't forget to include your contact details if sending material by post.

Outlook is published every other month. The next edition will be June/July 2024.



 **Home  
Instead.**  
*To us, it's personal*

[WWW.HOMEINSTEAD.CO.UK/RUISLIPANDHARROW](http://WWW.HOMEINSTEAD.CO.UK/RUISLIPANDHARROW)

## HOW ELDERLY CARE AT HOME CAN SLOW THE PROCESS DOWN

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01895 624 230

PLEASE CALL US TO BOOK YOUR FREE CONSULTATION

Most people associate care with residential care homes and the end of independence. However, there is the option to stay at home whilst receiving dignified, professional elderly care.

Some people have lived in the same house for decades and it can be heart-breaking to leave it for an unknown place that might not feel as welcoming, familiar and have the cherished memories as your home does. It can also be extremely confusing to move someone with dementia out of familiar surroundings.

If you or your family member is struggling with day-to-day tasks, feeling lonely, need someone to take them shopping, attend medical appointments, or just need someone they can count on to provide care and help that is needed. That is exactly what we do at Home Instead. We provide bespoke, flexible older person's care that is dignified thanks to our compassionate, friendly CAREGivers.

We have found that when you start providing a little help at home to older people, it can help prevent accidents and delay the need to move out of their own house. Our CAREGivers build a strong relationship with their clients which allows them to spot any changes in their health or behaviour and take the necessary actions to prevent the situation from getting worse.

A long-exposure photograph of a street at night. In the foreground, there are blurred light trails from cars in shades of blue and yellow. In the background, a two-story building with a half-timbered upper floor is visible. The ground floor has a storefront with a sign that says 'coopers' in blue. The sky is a deep blue.

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01895 625 625 [ruislip@coopersresidential.co.uk](mailto:ruislip@coopersresidential.co.uk)